

Reclaim Your Heart Yasmin Mogahed Fb

Muslims in America An American Muslim Guide to the Art and Life of Preaching Powered by Hope, Positivity, and Optimism Smart Teenage Muslimah: An inspirational guide for Muslim girls Reclaim Your Heart Craig Considine Sohaib Sultan Ekram Haque Yasmin Mogahed

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this installment in the critically acclaimed contemporary debates series uses evidence based documentation to provide a full and impartial examination of beliefs and claims made about muslim individuals families and communities in the united states muslims in america examining the facts provides an objective overview of the realities and experiences of muslims in the united states both historically and in the present day and of their relationship with their fellow americans it surveys the history of american muslims settlement and integration into the united states explores the dominant social political cultural and economic characteristics of american muslim families and communities and studies the ways in which their experiences and beliefs intersect with various notions of american national identity in the process the book critically examines the more dominant social and political narratives and claims surrounding american muslims and their religion of islam including false or malicious claims about their attitudes toward terrorism and other important issues muslims in america examining the facts thus gives readers a clear and accurate understanding of the actual lives actions and beliefs of muslim people in the united states

an american muslim guide to the art and life of preaching explores the art and craft of creating effective islamic sermons and delivering them with care passion and integrity the life of the preacher is also addressed and a model of spiritual formation is provided for those serving muslim communities of faith in positions of religious leadership sultan s vision and approach to preaching is holistic this book is as much about the knowledge and care placed behind a sermon as it is about the tone tenor and shape of that sermon it is as much about the character of the person delivering these words as it is about the nature and shape of the words themselves it is as much about tending to the people of faith that fill the worship space as it is about the aesthetics and arrangement of that same space

this means that this book on preaching is not meant for preachers alone it was written for us all whether we are called to address and care for a congregation or we are one of the many called to be part of one while the book is clearly written for muslim preachers and islamic preaching many of the insights in the book could easily apply to preaching in christian or other settings reflecting on a theology of the spoken word in the islamic tradition martin nguyen remarks that the sermon in and of itself is not automatically worthy of praise rather its value for the life of faith is measured by its message its mode of delivery and the model of living that accompanies it an appendix to the book includes a collection of du'ā's or supplicatory prayers that were composed and delivered by women from the princeton muslim life community

the prevalence of evil has clouded our vision and our judgment causing us to sink in despair we are unable to see that there is also good in this world we are forgetting to be hopeful positive and optimistic this book demonstrates that the good is more powerful than the evil no matter how prevalent the latter is it implores us to never stop hoping thinking positive and being optimistic in the face of despair and evil and it reminds us that religion science and our own innate nature testify to the power of hope positivity and optimism

the teenage years are a time to dream big and gain confidence as a muslimah so why are teenage girls being encouraged to be self absorbed materialistic and promiscuous the myth is peddled that you will be happier if you're less religious but are the ideas society expects you to embrace good for your mental health and well being concepts such as self objectification rampant consumerism and secularism i want you to know that being a muslim is the best thing in the world you are truly blessed don't listen to anyone who tells you otherwise smart teenage muslimah is a thought provoking guide for muslim girls in the book you will discover guidance from our sacred texts to achieve peace of mind understand the purpose of your life learn what islam has to say about puberty and sex get the facts about lgbtqia feminism and gender identity so if you're a smart teenage muslimah whose goal is to succeed in this life and attain jannah in the next this book is for you

reclaim your heart is not just a self help book it is a manual about the journey of the heart in and out of the ocean of this life it is a book about how to keep your heart from sinking to the depths of that ocean and what to do when it does it is a book about redemption about hope about renewal every heart can heal and each moment is created to bring us closer to that transformative return reclaim your heart is about finding that moment when everything stops and suddenly looks different it is about finding your own awakening and then returning to the better truer and freer version of yourself many of us live our lives entrapped by the same repeated patterns of heartbreak and disappointment many of us have no idea why this happens reclaim your heart is about freeing the heart from this slavery it is about the journey in and out of life's most deceptive traps this book was written to awaken the heart and provide a new perspective on love loss happiness and pain providing a manual of sorts reclaim your heart will teach readers how to live in this life without allowing life to own you it is a manual of how to protect your most prized possession the heart

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